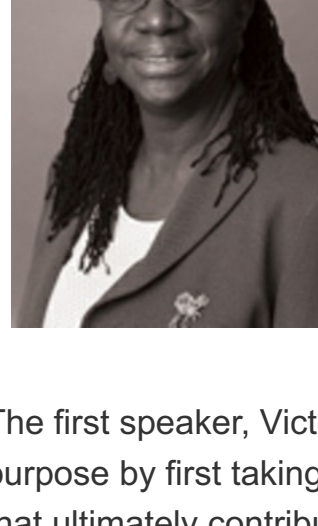




ISPN Connections Winter 2017 In our last newsletter, we rolled out the new timing and format of *Connections*. In this first issue of 2017, we highlight the upcoming 10th Annual Psychopharmacology Institute and 19th Annual Conference to be held March 7-11, 2017, at the Baltimore Marriott Inner Harbor at Camden Yards, Baltimore, Maryland, including news from the ISPN Foundation. Additionally, this issue features a great column on a current policy issue by Karen Robinson and research updates from the 2016 conference poster award winners. Enjoy reading!



**From the President's Desk:
Dr. Edilma Yearwood**

What Does Innovation in Psychiatric-Mental Health Nursing Look Like?

I just returned from the 2017 American Association of Colleges of Nursing (AACN) Doctoral Education Conference in San Diego, California. On the first day of the conference we were treated to two excellent speakers with complimentary messages.

The first speaker, Victor Strecher, PhD, talked about leading a life on purpose by first taking care of self and then centering our work on a passion that ultimately contributes to society. Purposefulness, according to Strecher, involves taking risks; challenging the status quo; reflecting on personal actions, motives, and beliefs; and keeping sight of one's life purpose at all times.

The second speaker, David Janka, MD, is a Healthcare Designer and Innovator. Dr. Janka challenged the audience to think about how we as healthcare providers can be creative and work toward meeting existing needs despite challenges. As an innovator, he along with his team take on real life problems brought to their attention, and use principles of innovation to arrive at practical and useful solutions.

[Read More Here...](#)

10th Annual Psychopharmacology Institute and 19th Annual Conference

The upcoming 2017 Psychopharmacology Institute and Annual Conference, March 7-11, at the Baltimore Marriott Inner Harbor at Camden Yards, in Baltimore, MD, is just around the corner and will feature exciting speakers and topics.

Early bird registration ends January 31, 2017!

Register online [here](#). The Preliminary Programs and additional conference and hotel information are posted [here](#).



**PSYCHOPHARMACOLOGY INSTITUTE
MARCH 7-8, 2017**

SPEAKERS:



Victoria Soltis-Jarrett, PhD, PMHCNS/NP-BC, FAANP
Susan McCabe Lectureship
*Psychopharmacology and Somatization:
Finding Health in Illness*



Linda Jo Volness, MS, PMHCNS-BC
Plenary Session
*Bipolar Disorder: Treating Individuals With Complex
Presentations Across the Life Span*



Lt. Colonel Jess Calohan, DNP, PMHNP-BC
Closing Plenary Session
*Assessing and Treating Sleep-Related Disturbances
Associated With PTSD*

**ISPN ANNUAL CONFERENCE
MARCH 8-11, 2017**

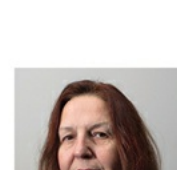
SPEAKERS:



Deborah Gross, DNSc, RN, FAAN
Opening Keynote Address
*The Future of Mental Health Begins in Early Childhood:
Implications for Practice, Research, and Policy*



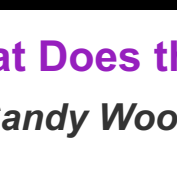
Freida Outlaw, PhD, RN, FAAN
Diversity Keynote Address
*Shaping the Future of Diversity and Equity in Mental
Health Care: Excellence in Research, Practice, Public
Policy, and Leadership Within Local and Global
Communities*



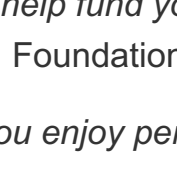
Evelyn Parrish, PhD, APRN-BC
Melva Jo Hendrix Lectureship
*Professional Socialization of Psychiatric Mental Health
Nurse Practitioner Students in an Online Program: Can
This Be Achieved?*



Charles Graeber
Invited Author
*"The Good Nurse: A True Story of Medicine, Madness and
Murder." Lessons for Nurses from the Most Prolific Serial
Killer in American History*



Brenda Happell, RN, PhD
ISPN Foundation International Speaker
*Mental Health Nursing, Social Inequities, and
Partnerships With Consumers*



Diana Mason, PhD, RN, FAAN
Closing Keynote Address
Psychiatric Nurses Transforming Health and Health Care

ISPN FOUNDATION NEWS

What Does the ISPN Foundation Do for You?

by Sandy Wood, MSN, APRN, BC

Do you appreciate the speakers at our Psychopharmacology Institute and Annual Conference? The Foundation donates funds to help pay for those speakers.

Have you ever received funds to further your research or wellness project, or to help fund your travel to the conference? Those funds came from the ISPN Foundation.

Do you enjoy perusing the Table Sales at the conference containing scarves, jewelry, and other interesting items, some local? The Foundation plans the sale, buys the items to be sold, and implements that activity.

Have you ever attended the Foundation Event on Thursday evening during the Annual Conference to experience the camaraderie, networking and fun of the Silent Auction followed by the Live Auction of selected items by Peggy Dulaney, our celebrated auctioneer? The Foundation Board plans and carries out this activity each year to raise funds to support ISPN and psychiatric-mental health nursing.

The Table Sales and Silent/Live Auction are the Foundation's primary income source to benefit ISPN. The Table Sales and Foundation Event are a great place to eat, drink, network, and relax after a long day in the conference. **Please support the ISPN Foundation by donating items or buying items from the Table Sales and attending the Foundation Event on Thursday, March 9, 2017, 6:15 p.m.-8:15 p.m. at the Baltimore Marriott Inner Harbor at Camden Yards. You will be glad you did!**

Tickets are available on the conference [Registration Form](#) or by contacting info@ispn-psych.org.

POLICY

ISPN Health Policy Activities: A Year in Review

by Karen M Robinson, PhD, PMHCNS-BC, FAAN

This column provides an update on ISPN's health policy activities during 2016. As a member of The Nursing Community (NC), a coalition of 64 national nursing organizations committed to improving the health and healthcare of our nation, we had a busy year!

Highlights of 2016 consisted of sending out 10 letters in support of legislation. Numbers of support letters were down from previous years because supported legislation was introduced at the beginning of the 114th Congress (2015). NC expects more letters in 2017, as the new 115th Congress begins. During 2016, the NC had a record number of Congressional and Administrative meetings to discuss Title VIII reauthorization (which did not make it through the Senate Committee process). The NC will work for reauthorization to be reintroduced in the new 115th Congress.

The top highlight of 2016 was the NC letter sent on December 12 to the New Administration (Vice President-Elect Mike Pence, Chair of The Presidential Transition Team) about health reform. This letter introduced advocacy for a healthy nation by holding strong to our Core Health Care System Principles.

[Other Highlights of the Year...](#)

RESEARCH

2016 Conference Poster Award Winners:

Updates on Research

The following recipients of the poster awards presented at the 2016 ISPN Annual Conference in Minneapolis, MN, share their research.

Research Poster Awards

First Place: Peggy Plunkett

Poster Title: *Analyzing the Correlation Between Medication and Falls in the Inpatient Psychiatric Unit: A QI Project*

Authors: Peggy Plunkett, MSN, PMHCNS-BC, APRN, Saluna Baiju S. N., and Dana Alpert, RN

[Read More Here...](#)

Second Place: David Alvarez

Poster Title: *Shame Resilience Therapy to Decrease Depression*

[Read More Here...](#)

Student Poster Awards

First Place: Robert Finn

Poster Title: *Improving Knowledge and Assessing Confidence in Ethics and the Law for Inpatient Psychiatric RNs*

[Read More Here...](#)

Second Place: Becky Solomon

Poster Title: *Mediators of Interventions for Depressive Symptoms: A Systematic Literature Review*

Authors: Rebecca E. Salomon and Dr. Linda S. Beeber

[Read More Here...](#)

ISPN NEWS

Remember these dates!

- **January 30, 2017: Awards.** Deadline to nominate a colleague for outstanding contributions to psychiatric-mental health nursing. Awards are presented at the ISPN 2017 Annual Conference, March 7-11, at the Baltimore Marriott Inner Harbor at Camden Yards. Award information is available [here](#).
- **January 31, 2017: Early Bird Deadline.** Save \$50 on registration for the 2017 ISPN Annual Conference in Baltimore! Register online [here](#).
- **February 13, 2017: Elections.** The 2017 ballot has been sent to members, and ISPN elections close Feb. 13. Full and retired members can vote for four open positions: President-elect, Treasurer, Director, and Nominating Committee Member. Link to the candidate bios and ballot [here](#). For more information, contact info@ispn-psych.org.

New ISPN Facebook Volunteer ISPN member Sunny Whieh Cheng, MSN, PhD candidate in Nursing Science, University of Washington, is expanding ISPN's social media reach by updating, sharing, and posting to the ISPN Facebook page. If you have news to share, contact Sunny [here](#), and "Like" the ISPN [Facebook](#) page!



IN MEMORIAM

In Memoriam: Judy Hirsh, FPMHNP, PMHCNS-BC

The following are heartfelt comments from her colleagues in memory of Judy Hirsh, longtime ISPN member, who passed away December 6, 2016, after a long illness.

[Read More Here...](#)



**Volume 20 #1
Winter 2017**

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2016-2017**

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